



# KENT BROWN

Nicknamed 'The Bullet', Kent started boxing 25 years ago. His hero growing up was Muhammad Ali, and that is what sparked his interest in the sport. He started boxing with a knockout win in his first bout; since then, Kent has had over 120 matches, winning over 85 percent of them.

Kent was the national lightweight champion in the 1999-2000 Season and qualified for the Sydney Olympic Games in 2000, but was unable to attend. In 2002, he won a gold medal at the North American Indigenous Games in Winnipeg. Kent is currently involved in Martial Arts, along with his daughter. They hope to achieve their black belt distinction at the same time, and compete at the national level.

Kent completed his schooling at the University of Manitoba, and currently works for the First Nations of Southern Manitoba CFS Authority as Director of Human Resources. He is also an Aboriginal Role Model and is a founding member of MOTIVATE CANADA's GEN7 - Aboriginal Youth Program. For more on GEN7 & MOTIVATE CANADA please visit [www.motivatecanada.ca](http://www.motivatecanada.ca).

***Please join me in welcoming - Kent Brown!***

**Requirements: Projector & microphone (cordless if available).**



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## Presentation Topics

*(for information only)*

Kent has overcome many obstacles in his life (growing up in a broken Aboriginal family, alcohol problem within the family, getting into trouble, and the roller coaster ride of his sport) and he discusses these challenges and the importance of making good life choices. He also talks about the benefits of school and making smart career choices.